

## ACTIVITY CALENDAR \* DECEMBER 2015

MON	TUES	WEDS	THURS	FRI
<b>8:15 –9:00</b> Arrival/Activity Prep <b>9:00-10:00</b> Group session/discussion <b>10:00-11:00</b> Current events Aerobics/life skills practice <b>11:00-12:00</b> Card Sharks Sing a long/seated soccer <b>12:00-1:00</b> Lunch Time <b>1:00-2:00</b> Musical chairs, Sing along Music therapy Air Hockey/skee ball <b>2:00-3:00</b> Pick an Activity, Matching word card, Dodge ball games <b>3:00-4:00</b> Individual Activities & Goals/leisure/Clean-up and prepared for pick-up	<b>8:15 –9:00</b> Arrival/Activity Prep. <b>9:00-10:00</b> Group Session/Discussion <b>10:00 -11:00</b> Aerobics/skee ball/current events <b>10:00-11:00</b> Rec Therapy <b>11:00-12:00</b> Karate/Card Sharks/story time/computer <b>12:00-1:00</b> Lunch Time <b>1:00-2:00</b> Board Games karaoke/Sing along Air Hockey <b>2:00-3:00</b> Skee ball/ musical chairs/life skills <b>3:00-4:00</b> Individual Activities & goals/leisure/Clean-up and prepared for pick-up	<b>8:15–9:00</b> Arrival/Activity Prep <b>9:00-10:00</b> Group Session/discussion <b>10:00 -11:00</b> Yoga Seated soccer game <b>11-12:00</b> Zumba/Catch dodge ball/Aroma therapy <b>12:00-1:00</b> Lunch Time <b>1:00-2:00</b> Art/ Wii/ Air hockey/skee ball Music <b>2:00-3:00</b> Computer/arts & Crafts Parachute <b>3:00-4:00</b> Indiv. Activities & goals/leisure/Clean-up and prepared for pick-up	<b>8:15 –9:00</b> Arrival/Activity Prep <b>9:00-10:00</b> Group session/discussion <b>10:00 -11:00</b> Art Therapy/wii time Life skills practice board games/ <b>11:00-12:00</b> <b>Rec Therapy</b> Story time/ Wii /basket ball <b>12:00-1:00</b> Lunch time <b>1:00-2:00</b> Job Skills Practice/ Bingo/tic-tac toe coloring/painting <b>2:00-3:00</b> Computer/ skee ball/air hockey <b>3:00-4:00</b> Individual Activities & goals/leisure /Clean-up and prepared for pick-up	<b>8:15 –9:00</b> Arrival/Activity Prep <b>9:00-10:00</b> Group Session/discussion <b>10:00-11:00</b> Current events Art Therapy/ life skills practice <b>10:00-11:00</b> Art Therapy <b>11:00-12:00</b> Rec Therapy/Card sharks/ Sing a long/seated soccer <b>12:00-1:00</b> Lunch Time <b>1:00-2:00</b> Musical chairs/sing along/music therapy Air Hockey/skee ball <b>2:00-3:00</b> Pick an Activity, matching word card/ dodge ball games <b>3:00-4:00</b> Individual Activities & goals/leisure/Clean-up and prepared for pick-up

## MONTHLY OUTING CALENDAR

~December 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Visit 7372 Henry Group !	<b>2</b> Visit 7372 Henry Group 2	<b>3</b> CLOSED	<b>4</b> CLOSED	<b>5</b>
<b>6</b>	<b>7</b> Booth's Corner Farmers Market	<b>8</b> Plymouth Meeting Mall	<b>9</b> Movies \$	<b>10</b> Visit the Library	<b>11</b> Snowflake Ball 6pm – 9pm.	<b>12</b>
<b>13</b>	<b>14</b> Bowling \$	<b>15</b> Love Park Christmas Village	<b>16</b> Movies \$	<b>17</b> Dave & Busters \$	<b>18</b> Pizza Day \$2.00 a slice Pretzel Day	<b>19</b>
<b>20</b>	<b>21</b> Plymouth Meeting Mall	<b>22</b> Bowling \$	<b>23</b> Holiday Party	<b>24</b>	<b>25</b> Closed Christmas	<b>26</b>
<b>27</b>	<b>28</b> Bowling \$	<b>29</b> Valley Green	<b>30</b> King of Prussia Mall	<b>31</b> New Year Party, ring in the new year at noon!		
		<b>Notes:</b>				

### INTERACT WORKS

**Mission Statement:** The mission of Interact's Intellectual and Developmental Disabilities Division is to create, promote, and provide access to quality supports and services to individuals with intellectual and developmental disabilities that foster choice in everyday lives, meaningful personal relationships with family and friends, participation in their communities, and dignity and respect as valued citizens.