

ACTIVITY CALENDAR * JANUARY 2015

MON	TUES	WEDS	THURS	FRI
8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group session/discussion 10:00-11:00 Current events Aerobics/life skills practice 11:00-12:00 Card Sharks Sing a long/seated soccer 12:00-1:00 Lunch Time 1:00-2:00 Musical chairs, Sing along Music therapy Air Hockey/skee ball 2:00-3:00 Pick an Activity, Matching word card, Dodge ball games 3:00-4:00 Individual Activities & Goals/leisure/Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep. 9:00-10:00 Group Session/Discussion 10:00 -11:00 Aerobics/skee ball/current events 10:00-11:00 Rec Therapy 11:00-12:00 Karate/Card Sharks/story time/computer 12:00-1:00 Lunch Time 1:00-2:00 Board Games karaoke/Sing along 2:00-3:00 Air Hockey 3:00-4:00 Skee ball/ musical chairs/life skills 3:00-4:00 Individual Activities & goals/leisure/Clean-up and prepared for pick-up	8:15–9:00 Arrival/Activity Prep 9:00-10:00 Group Session/discussion 10:00 -11:00 Yoga Seated soccer game 11-12:00 Zumba/Catch dodge ball/Aroma therapy 12:00-1:00 Lunch Time 1:00-2:00 Art/ Wii/ Air hockey/skee ball Music 2:00-3:00 Computer/arts & Crafts Parachute 3:00-4:00 Indiv. Activities & goals/leisure/Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group session/discussion 10:00 -11:00 Art Therapy/wii time Life skills practice board games/ 11:00-12:00 Rec Therapy Story time/ Wii /basket ball 12:00-1:00 Lunch time 1:00-2:00 Job Skills Practice/ Bingo/tic-tac toe coloring/painting 2:00-3:00 Computer/ skee ball/air hockey 3:00-4:00 Individual Activities & goals/leisure /Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group Session/discussion 10:00-11:00 Current events Art Therapy/ life skills practice 10:00-11:00 Art Therapy 11:00-12:00 Rec Therapy/Card sharks/ Sing a long/seated soccer 12:00-1:00 Lunch Time 1:00-2:00 Musical chairs/sing along/music therapy Air Hockey/skee ball 2:00-3:00 Pick an Activity, matching word card/ dodge ball games 3:00-4:00 Individual Activities & goals/leisure/Clean-up and prepared for pick-up

MONTHLY OUTING CALENDAR

~ January 2015 ~				
Mon	Tue	Wed	Thu	Fri
			1 CLOSED HAPPY NEW YEAR	2 CLOSED
5 PLYMOUTH MEETING MALL BRING \$ FOR SHOPPING	6 READING TERMINAL	7 FRANKLIN MILLS MALL BRING \$ FOR SHOPPING	8 ANDORRA LIBRARY FREE	9 PENN'S LANDING
12 DAVE & BUSTERS \$\$\$	13 BOWLING \$10.00	14 KING OF PRUSSIA MALL BRING \$ FOR SHOPPING	15 DUNKIN DONUTS \$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$	16 ANDORRA LIBRARY FREE
19 CLOSED MARTIN LUTHER KING DAY	20 STARUCKS \$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$	21 BOWLING \$10.00	22 69 TH STREET ARCADE \$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$	23 PIZZA DAY \$2.00 PER SLICE PRETZEL DAY \$0.75 PER PRETZEL
26 LIBERTY BELL	27 CHELTENHAM MALL BRING \$ FOR SHOPPING	28 PEDDLER'S VILLAGE BRING \$ FOR SHOPPING	29 BOWLING \$10.00	30 CLOSED TO PARTICIPANTS FOR STAFF IN-SERVICE

INTERACT WORKS 3

Mission Statement: The mission of Interact's Intellectual and Developmental Disabilities Division is to create, promote, and provide access to quality supports and services to individuals with intellectual and developmental disabilities that foster choice in everyday lives, meaningful personal relationships with family and friends, participation in their communities, and dignity and respect as valued citizens.