

# CALENDAR of EVENTS for MARCH 2015

## Ongoing Programs

### Monday

8:30-5 Fitness Ctr.  
8:30-5 Play Pool, Ping-Pong  
8:30-5 Tech Lab Open  
9:00 Café/ Breakfast (*Eggs on Mon thru Feb*)  
9:30 Stretch/Strength  
10:30 Enhance Fitness at Pensdale  
10:45 Meditation  
11:00 Music Lessons  
11:30 Yoga  
12:00 Lunch

### Tuesday

8:30-5 Fitness Ctr.  
8:30-5 Play Pool, Ping Pong  
8:30-5 Open Tech Lab  
9 :00 Café/Breakfast  
9 :00 Walking Group  
10:00 Beading  
10:30 Men's Group  
11:00 Sent. Chorus  
12:00 Lunch  
1:00 Tai Chi  
1:00 Next Chapter  
1-2:30 Computer Lab

### Wednesday

8:30-5 Fitness Ctr.  
8:30-5 Pool, Ping Pong  
9 :00 Café/Breakfast  
9 :00 Knit & Crochet  
9:15 Silver Sneakers Classic  
10:00 Line Dancing  
12:00 Lunch  
12:45 Bingo

### THURSDAY

8:30-5 Fitness Ctr.  
8:30-5 Pool, Ping Pong  
8:30-5 Tech Lab Open  
9 :00 Café/Breakfast  
9 :00 Walking Group  
10:00 Weaving  
10:00 Yoga Rhythmic  
12:00 Lunch  
12:45 Bingo  
1:00 Tai Chi  
1-2:30 Computer Lab or Tutoring - By appt.

### FRIDAY

8:30-5 Fitness Ctr.  
8:30-5 Open Tech Lab  
8:30-5 Pool, Ping Pong  
9 :00 Café/Breakfast  
9:15 Sneakers Classic  
10:45 News & Views  
11:00 Enhance Fitness  
12:00 Lunch  
12:30 Painting & More  
1:00 Pinochle / Bridge  
1:00 Writers Group  
(1& 3rd Fri. of Month)  
2:00 Digital Photo On hold

2 12:30 READING BUDDIES	3 10:00—2:30 Healthy Steps for Older Adults - HSOA	4	5	6 8:00 Departure - LIVE CASINO TRIP 1:00 Movie Matinee STILL MINE
9 12:30 READING BUDDIES 1:00 CLASSIC TONES	10	11 11:00 GARDEN CLUB MEETING	12 11:15 STORY TELLING WORKSHOP (BEST DAY IN MY LIFE...SO FAR)	13 1:00 Movie Matinee LOVE IS STRANGE
16 11:00 NUTRITION 4 LIFE W/ RUBY DAVIS 12:30 READING BUDDIES	17 12:00 ST. PATTY'S DAY LUNCHEON 	18 2-3 GENTLE YOGA	19 10:30 PCA-VIAL OF LIFE 11:15 STORY TELLING WORKSHOP (BEST DAY IN MY LIFE...SO FAR)	20 <i>A Treat at Lunchtime - Tropical Fruit Smoothie!</i> THE AGE OF LOVE MOVIE & DISCUSSION
23 HUNTERDON HILLS PLAY HOUSE DINNER THEATRE 12:30 READING BUDDIES	24	25 2-3 GENTLE YOGA	26 11:15 STORY TELLING WORKSHOP (BEST DAY IN MY LIFE...SO FAR)	27 1:00 Movie Matinee MY OLD LADY
30 12:30 READING BUDDIES 1:30 <u>ROCKY WOODWIND TRIO</u> CLASSICAL MUSIC CONCERT	31 TEPPANYAKI GRILL & SUPREME BUFFET	TUESDAY, MARCH 17 <u>WEAR (3) SHADES OF GREEN TO BE ENTERED INTO A RAFFLE DRAWING</u>		