

ACTIVITY CALENDAR * MARCH 2016

MON	TUES	WEDS	THURS	FRI
8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group session/discussion 10:00-11:00 Current events Aerobics/life skills practice 11:00-12:00 Card Sharks Sing a long/seated soccer 12:00-1:00 Lunch Time 1:00-2:00 Musical chairs, Sing along Music therapy Air Hockey/skee ball 2:00-3:00 Pick an Activity, Matching word card, Dodge ball games 3:00-4:00 Individual Activities & Goals/leisure/Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep. 9:00-10:00 Group Session/Discussion 10:00 -11:00 Aerobics/skee ball/current events 10:00-11:00 Rec Therapy 11:00-12:00 Karate/Card Sharks/story time/computer 12:00-1:00 Lunch Time 1:00-2:00 Board Games karaoke/Sing along Air Hockey 2:00-3:00 Skee ball/ musical chairs/life skills 3:00-4:00 Individual Activities & goals/leisure/Clean-up and prepared for pick-up	8:15–9:00 Arrival/Activity Prep 9:00-10:00 Group Session/discussion 10:00 -11:00 Yoga Seated soccer game 11-12:00 Zumba/Catch dodge ball/Aroma therapy 12:00-1:00 Lunch Time 1:00-2:00 Art/ Wii/ Air hockey/skee ball Music 2:00-3:00 Computer/arts & Crafts Parachute 3:00-4:00 Indiv. Activities & goals/leisure/Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group session/discussion 10:00 -11:00 Art Therapy/wii time Life skills practice board games/ 11:00-12:00 Rec Therapy Story time/ Wii /basket ball 12:00-1:00 Lunch time 1:00-2:00 Job Skills Practice/ Bingo/tic-tac toe coloring/painting 2:00-3:00 Computer/ skee ball/air hockey 3:00-4:00 Individual Activities & goals/leisure /Clean-up and prepared for pick-up	8:15 –9:00 Arrival/Activity Prep 9:00-10:00 Group Session/discussion 10:00-11:00 Current events Art Therapy/ life skills practice 10:00-11:00 Art Therapy 11:00-12:00 Rec Therapy/Card sharks/ Sing a long/seated soccer 12:00-1:00 Lunch Time 1:00-2:00 Musical chairs/sing along/music therapy Air Hockey/skee ball 2:00-3:00 Pick an Activity, matching word card/ dodge ball games 3:00-4:00 Individual Activities & goals/leisure/Clean-up and prepared for pick-up

MONTHLY OUTING CALENDAR

~March 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Andorra Library	2 Bowling \$	3 Starbucks \$	4 Dave & Busters \$	5
6	7 Dunkin Donuts \$	8 Plymouth Meeting Mall	9 Wissahickon Creek	10 Andorra Library	11 Movies \$	12
13	14 Wissahickon Creek	15 Bowling \$	16 King of Prussia Mall	17 Dave & Busters \$	18 Andorra Library	19
20	21 Plymouth Meeting Mall	22 Andorra Library	23 Rita's Water Ice \$	24 Bowling \$	25 Pizza Day \$2.00 a slice Pretzel Day	26
27	28 Wissahickon Creek	29 King of Prussia Mall	30 Reading Terminal	31 McDonald's \$		
		Notes:				

INTERACT WORKS

Mission Statement: The mission of Interact's Intellectual and Developmental Disabilities Division is to create, promote, and provide access to quality supports and services to individuals with intellectual and developmental disabilities that foster choice in everyday lives, meaningful personal relationships with family and friends, participation in their communities, and dignity and respect as valued citizens.