

LUNCH MENU
November 2015

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<p>2</p> <p>Apple sage roast turkey Stuffing Mixed veggies Cole slaw Tropical fruit mix</p>	<p>3 Cold Lunch Turkey & swiss/pita Potato salad Orange</p> <p>Hot Lunch Spinach & mozzarella chicken Carrots Bowtie pasta Tangerine</p>	<p>4 Cold Lunch Tomato soup Tuna salad Three bean salad Sugar free lemon cake</p> <p>Hot Lunch Tomato soup Sliced roast beef w/ au jus Rosemary red bliss potatoes Sugar free lemon cake</p>	<p>5 Cold Lunch Oriental chicken salad Chow mein noodles Applesauce</p> <p>Hot Lunch Broiled fish w/sauce Spinach & carrots Wild rice Applesauce</p>	<p>6 Cold Lunch Roast beef wrap Marinated beet & onion salad Cole slaw Apple</p> <p>Hot Lunch Caribbean jerk chicken/fruit sauce Sugar snap peas & peppers Mashed sweet potatoes Apple</p>
<p>9</p> <p>BBQ meatballs Corn & red peppers Brown rice Mandarin oranges</p>	<p>10 Cold Lunch Crab salad platter Broccoli salad Three bean salad Oatmeal cookie</p> <p>Hot Lunch Chicken noodle soup Herb roasted chicken thigh Peas w/peppers & mushroom</p>	<p>11 Cold Lunch Grilled chicken wrap Lima bean & corn salad Raspberry diced pears</p> <p>Hot Lunch Roast turkey w/apricot glaze Mashed sweet potatoes w/pecans Roasted Brussel sprouts Raspberry diced pears</p>	<p>12 Cold Lunch Chicken salad w/cranberries German potato salad Apple</p> <p>Hot Lunch Ravioli bolognaise California blend Mixed greens salad Apple</p>	<p>13 Cold Lunch Anitpasta salad Tomato & white bean salad Orange wedges</p> <p>Hot Lunch Garlic spinach fish/lemon sauce Brown rice medley with Carrots, red pepper, green bean Orange</p>
<p>16</p> <p>Mustard glazed chicken w/ Red onion, potatoes Carrots Cole slaw Diced peaches</p>	<p>17 Cold Lunch Tarragon chicken salad Lentil, tomato, onion salad Cinnamon applesauce</p> <p>Hot Lunch Stuffed shells Zucchini, peppers, carrots Spinach salad Cinnamon applesauce</p>	<p>18 Cold Lunch Egg salad platter Marinated tomato & onion salad Clementine .</p> <p>Hot Lunch Creole style gumbo Greens beans Rice w/tomato & okra Clementine</p>	<p>19 Cold Lunch Bentley salad Broccoli & cauliflower salad Sugar free chocolate cake</p> <p>Hot Lunch Split pea soup Sliced beef w/gravy, mushroom Mashed cauliflower Mashed potatoes</p>	<p>20 Cold Lunch Grilled chicken on Kaiser Broccoli, onion, cranberry salad Mixed fruit</p> <p>CELEBRATE BIRTHDAYS!</p> <p>Hot Lunch Crab cake  Mac & cheese Winter veggie blend Mixed fruit</p>
<p>23</p> <p>Chicken chili Tossed salad Diced peaches</p>	<p>24 Cold Lunch Chicken Caesar salad Pasta salad Apple</p> <p>Hot Lunch Sheppard's pie Mashed potatoes Brussel sprouts Apple</p>	<p>25 Cold Lunch Roast beef & swiss/wheat Cole slaw Pineapple</p> <p>Thanksgiving Menu Roast turkey/gravy Stuffing Green bean almondine Mashed sweet potatoes Cranberry sauce Pumpkin pie</p>	<p>CLOSED</p> <p>Happy Thanksgiving!</p>	<p>CLOSED</p>
<p>30</p> <p>Apple sage roasted turkey Stuffing Mixed veggies Cole slaw Tropical fruit mix</p>		