

## Events and Programs for The Center at Journey's Way

October 2014 Edition

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## IMPORTANT INFORMATION

### LIVING, LOVING, PLANNING

#### A Family Discussion About

#### End of Life Options

#### The Conversation Continues

#### FOUR WEDNESDAYS

5:30– 7:30pm

OCTOBER 15, 22, 29,

NOVEMBER 5

Initiating conversations about end of life issues can be difficult, so Journey's Way is starting the conversation for you in this second series. Come with an open mind and don't forget, your family and friends are invited, too. Register by the Friday before to reserve your light dinner. Topics will be:

- Estate Planning - 10/15
- Down-Sizing & Getting Organized - 10/22
- Caring for the Care-Giver 10/29
- Hospice 11/5

Sessions are Free! Please see insert for additional information about the sessions. Call Estavia Jefferson— 215-487-1750, then press 2, then \*1102.

### FINANCIAL KNOWLEDGE IS POWER—

#### A Program Geared to People Over 60

WEDNESDAY, OCTOBER 22

9:00AM-12:00 PM

Get valuable information about recognizing and avoiding financial exploitation and scams! Take your financial future into your own hands!

This FREE educational event includes breakfast, workshops, & shredding (two bag limit).

#### Workshop Topics:

- Understanding Your Credit Reports
- Guarding Against Identity Theft
- Dodging Financial Predators
- Reverse Mortgages

With thanks to our partners:  
SeniorLAW Center, CLARIFI,  
The Bancorp, and CINTAS.

**SEE INSERT FOR DETAILS &  
RSVP INFORMATION!**



### ANNUAL FLEA MARKET

SATURDAY, OCTOBER 25

9:00AM - 2:00PM • INDOORS

Journeys Way, 403 Rector Street

Enjoy a day of Shopping and Fun:

Games, Food, Music,

Door Prizes, Raffle

Giveaways,

Entertainment !



### VENDOR SPACE AVAILABLE

\$15 through October 24

\$20 October 25, *space permitting*

### NO REFUNDS

Vendor space location is on a first come first served basis. For further information contact:

⇒ Eileen Conway @ 215.290.9818

⇒ Sylvia Myers @ 215.483.5022

⇒ Liz Turella @ 267.253. 0109

### HALLOWEEN DANCE PARTY WITH A DISC JOCKEY!

THURSDAY, OCTOBER 30

1:30 PM • GRANDROOM

Wear your MASK, SILLY HAT or costume for a chance to win prizes! Hot cider, cookies, treat bags.



## PROGRAMS & SPECIAL EVENTS CONT.

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### **NEW/RETURNING PROGRAMS**

#### **DIGITAL PHOTOGRAPHY**

**FRIDAYS 1st & 3rd**

**2:00pm - 3:00pm • CAFÉ**

**Cost: \$2**

#### **MIND AEROBICS**

**2nd WEDNESDAYS**

**1:30pm • GRANDROOM**

**Cost: Free**

#### **THE NEXT CHAPTER**

**TUESDAYS, OCT. 7, 14, 21 & 28**

**1:00pm • ROOM 2**

**"Sharing our Joys and Sorrows and  
everything in between"**

**Cost: Free**

#### **MARK PRESENTS**

**(CENTER COUNSELOR)**

**TUESDAY, OCTOBER 21**

**11:00am • CAFÉ/GRANDROOM**

**Open forum discuss about social  
service resource topics.**



### **MOVIE MATINEE**

**FRIDAYS 1:00 PM**

**GRANDROOM**

**Cost: \$1**



**10/3 • HEAVEN IS FOR REAL**

**10/10 • RISE OF THE PLANET OF  
THE APES**

**10/17 • THE BUTLER**

**10/24 • NO MOVIE**

**10/31 • THE UNINVITED (1944  
a supernatural mystery/romance)**

**Please Note: All movies are  
subject to change. If there is a  
change announcements will be  
displayed around the center.**

### **GREENSGROW**

**PRODUCE TRUCK**

**WEDNESDAYS 10:00- 11:30am**

**The community is invited to  
purchase healthy produce and  
snacks! Affordable Prices!**

**EBT/FMNP accepted.**

**Stay green and bring your own  
shopping bag!**



### **READING BUDDIES**

**MONDAYS 12:30 PM - 1:30 PM**

**OCTOBER 6, ORIENTATION**

**OCTOBER 20, 1ST SESSION**

**WELCOME BACK**

**COOK WISSAHICKON SCHOOL**

**& VOLUNTEERS!**

Reading Buddies meets weekly at Journey's Way throughout the school year. Volunteers are paired with one or two children to work on reading. The group also celebrates holidays with refreshments and activities. Adults 55+ are warmly invited to join the friendly Reading Buddies volunteers and make a difference in a child's life.



### **BOOK CLUB**

**LAST THURSDAY OF MONTH**

**OCT. 30 • 1:00pm**

**The Glass Castle-A Memoir**

**By: Jeanette Walls**

*The Glass Castle* recounts Walls' and her siblings unconventional, poverty-stricken upbringing in their dysfunctional family. This book was a best seller, won numerous awards, and is being made into a movie.

## *Trips, Dining & Special Events*

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### **SENIOR STRUT HEALTH EVENT**

**TUESDAY, OCTOBER 7**

**9:30AM - 12PM • Lloyd Hall,  
1 Boathouse Row, Kelly Drive**

Event in the park presented by Fairmount Park Conservancy, Philadelphia Corporation for Aging (PCA) and Philadelphia Parks and Recreation. Free parking and accessible by SEPTA buses 32 & 38  
**Tickets Cost \$3 and must be purchased in advance at the Program Office.**

### **EASTERN STATE PENITENTIARY (ESP) MONDAY, OCTOBER 13 11:30am– 1:30pm**

Built in 1821, ESP refined the revolutionary system of separate incarceration. Al Capone & Willie Sutton spent some time behind the walls. This will be a self-guided tour and interactive displays. Registration is required at the Program Office. Box lunch is available.  
**COST: \$12/PAID MEMBERS  
\$16/NON PAID MEM**

**AMAN'S INDIAN CUISINE  
BUFFET STYLE • LUNCH CLUB  
TUESDAY, OCTOBER 28  
12 NOON • Meet lunch group at  
restaurant and pay your own way.**

### **ADVISORY COUNCIL BOSCOV'S FUNDRAISER**

**Friends Helping Friends**

**TUESDAY, OCTOBER 21**

Purchase a \$5 Boscov's Shopping Pass from Journey's Way and Journey's Way gets the proceeds.

Go to any Boscov's to get discounts and freebies, TODAY ONLY!!

**Contact Estavia at Journey's Way for further information.** Go on your own or join us:

### **CCT TRIP: PLYMOUTH MEETING MALL (& BOSCOV'S)**

**TUESDAY, OCTOBER 21**

**DEPART JW 10:00AM**

**RETURN TO JW 1:30PM**

Visit Plymouth Meeting Mall to shop, browse, dine, & use your BOSCOV'S PASS if you have one.

Advance registration is required for this trip. Stop by the Program Office 10:00 am - 12 Noon.

**Deadline is Wednesday October 15.  
(\$2 optional suggested donation)**



### **MARYLAND LIVE! CASINO AT ARUNDEL MILLS**

Enjoy this brand new casino located in a mall! TBA!



### **HUNTERDON HILLS PLAY HOUSE DINNER THEATRE MONDAY, DECEMBER 15, 2014 DEPARTS JW 9:30AM**

#### **PACKAGE INCLUDES: LUNCHEON & SHOW**

A play house Christmas 2014. An ensemble cast of multitalented performers celebrate Christmas in an original holiday song and dance fest featuring traditional carols, classic and contemporary Yuletide compositions, humorous skits, and spectacular dance numbers - all backed by a live onstage orchestra.

#### **MENU CHOICES**

Yankee Pot Roast • Chicken Sorrento • Fried Shrimp Platter • Lemon Pepper Cod • Slow-Roasted Turkey Stuffing • Baked Vegetable Lasagna • Vegetable Kabobs

**COST: \$91** (per person) final payment due by Dec, 1, 2014 price includes full course meal, show, desserts, tips, taxes and bus.

**For more information and  
reservations contact:  
Estavia Jefferson  
215.487.1750 x2, \* 1102.**





**The Center at Journey's Way**

*...A Division of Intercommunity Action, Inc.*

**Non-Profit Org  
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**DATED MATERIAL  
OCTOBER 2014**

**PHILADELPHIA COLLEGE OF  
PHARMACY**

**DOCTORAL STUDENTS &  
THEIR PROFESSOR**

**WEDNESDAY, OCTOBER 8  
10:00AM SHINGLES VIRUS**

**11AM - 1:00PM**

- **BP SCREENINGS**
- **MED CHECK**

Learn about Shingles-what it is, how to prevent it ! You can also get your meds checked—just bring your medications including prescription, over the counter, herbal and supplements! You can get your blood pressure checked too . All attendees will get a medication wallet card and blood pressure log.



**APPRISE**

**WEDNESDAY, OCTOBER 22  
11:00AM • PRESENTATION  
12-2:00PM • CONSULTATIONS  
BY APPOINTMENT**

**DO YOU NEED HELP WITH  
MEDICARE?** If you are new to Medicare or have questions about your current plan, APPRISE can help! **REMINDERS:**

- Annual Open Enrollment period is Oct. 15 - Dec. 7. Both original Medicare and Medicare Advantage plan members can change their plans for the coming year.
- Medicare's Annual Disenrollment Period is Jan 1 - Feb. 14. Medicare Advantage plan members can drop their current plan and return to original Medicare and join a stand-alone Part D plan.

**AARP REFRESHER  
DRIVING COURSE  
WEDNESDAY, OCTOBER 22  
12:30pm -4:30pm**

Participants must have attended another course within the last 3 years (proof must be provided). Bring PA Photo ID and check or money order only made payable to AARP.

**Please call Estavia at  
215 487 1750, press 2, then \*1102  
to register for this course. Lunch  
is available and served at Noon.**

**Cost:**

**\$15/AARP MEMBERS**

**\$20/AARP NON MEMBERS**

