

# Calendar of Events

**MARCH  
2018**



**ONGOING EVENTS BELOW**

## Monday

8:30-5 Fitness Ctr. \$  
8:30-5 Cards, Games  
8:30-5 Pool, Ping-Pong  
8:30-5 Computer Lab  
IPads AVAILABLE!  
9:30 Strch./S\$\*  
10:00 iPad appt only  
10:30 Reading Buddies  
10:30 Meditation  
10:30 EnhanceFitness*D*  
11:00 Music Lessons \$  
11:30 All Levels Yoga \$  
12:00 Lunch *D*  
12:45 Scrabble  
1:00 Crafting w/Twist

## Tuesday

8:30-2 Fitness Ctr.  
8:30-5 Cards, Games  
8:30-5 Pool, Ping-Pong  
8:30-5 Computer Lab  
IPads AVAILABLE!  
10:00 Beading \$  
10:30 iPad  
12:00 Lunch *D*  
1:00 Tai Chi \$ \*  
1:00 Next Chapter  
2:30 Classical Music  
Appreciation

## Wednesday


8:30-5 Fitness Ctr. \$  
8:30-5 Cards, Game  
8:30-5 Pool, Ping-Pong  
8:30-5 Computer Lab  
CLOSED for TAXES 2/7 - 4/11  
IPads AVAILABLE!  
9:00 Knit & Crochet \$  
9:00 SilvSnkClssic *D*/\$  
10:00 Line Dancing \$ \*  
12:00 Lunch *D*  
12:45 Bingo \$  
1:00 Men's Group

## Thursday

8:30-5 Fitness Ctr. \$  
8:30-5 Cards, Games  
8:30-5 Pool, Ping Pong  
8:30-5 Computer Lab  
IPads AVAILABLE!  
9:15All Levels Yoga \$\*  
10:00 Weaving \$  
12:45 Knit & Crochet  
Beginners \$  
12:00 Lunch *D*  
12:45 Bingo \$  
1:00 Tai Chi \$  
2:00 Tap Dance \$

## Friday

8:30-5 Fitness Ctr. \$  
8:30-5 Cards, Games  
8:30-5 Pool, Ping-Pong  
8:30-5 Computer Lab  
IPads AVAILABLE!  
9:30 SilvSnk Clssic *D*/\$  
10:00 Recorder \$  
11:00 Ukulele \$  
10:45 News & Views  
10:30 EnhanceFitness*D*  
12:00 Lunch *D*  
1:00 Reaching Out (1st  
and 3rd Friday's)  
1:00 Pinochle/Bridge

<p><b>Coming in APRIL!</b> <b>WELLNESS &amp; RESOURCE FAIR</b></p>	<p><b>Key to Symbols:</b> \$=Cost D= donation appreciated but Optional *=Next month's payment due by the 25th, or pay drop-in rate</p>	 <p><b>Don't forget to:</b> Register for our <b>Healthy Steps Workshop! Tuesday, 3/27</b></p>	<p><b>1</b> 1:15 Speaker Series Mtg.</p>	<p><b>2</b> 1:00 Reaching Out 2:30 Artistic Expressions/Drawing</p>
<p><b>5</b> 1:00 Crafting With A Twist</p>	<p><b>6</b> 10:30 FACEBOOK WORKSHOP w/Lynn</p>	<p><b>7</b> 11:00 Just Say Yes w/Ciara from HPC 9-5 Tax Prep in Computer Lab (by ap- pointment only)</p>	<p><b>8</b> 11:00 - Town Hall Meeting Catch Up On Happenings Around YOUR CENTER</p>	<p><b>9</b> 1:00 Reaching Out Support Group for Caretakers 2:30 Artistic Expressions/Drawing</p>
<p><b>12</b> 1:00 Crafting With A Twist</p>	<p><b>13</b> 10:00 ADVISORY Council Mtg. 10:30 IPads w/Lynn (starts)</p>	<p><b>14</b> 9-5 Tax Prep in Computer Lab (by ap- pointment only) Italian Crème Cake! At lunch</p>	<p><b>15</b> 10:45 Speaker Series Presents: Threads of History</p> 	<p><b>16</b> 12:00 <u>St Patrick's Day Meal &amp; Irish Sing-along!</u> 2:30 Artistic Expressions/Drawing</p>
<p><b>19</b> 9:30 Mini Nutrition Fair/LaSalle Nutrition Students 1:00 Crafting With A Twist</p>	<p><b>20</b> 10:30 IPads w/Lynn 1:00 Next Chapter (last)</p>	<p><b>21</b> 9-5 Tax Prep in Computer Lab 1:00 Men's Group (last)</p>	<p><b>22</b> 11:00 Mark Presents 1:00 Book Club <i>A Fall of Marigolds</i></p>	<p><b>23</b>  <b>Celebrate Birthdays</b> 1:00 Reaching Out Support Group (make up) 2:30 Artistic Expressions/Drawing</p>
<p><b>26</b> 10:30 LUNCH BUNCH/ Chart House 1:00 Crafting With A Twist</p>	<p><b>27</b> 9:30 - 2:30 <b>HEALTHY STEPS Workshop!!</b> 10:30 IPads w/Lynn 10-2 APPRISE (Medicare consultations by apt. only)</p>	<p><b>28</b> 9-5 Tax Prep in Computer Lab (by ap- pointment only) 11:00 Black History Month Presents <b>Highlights of Music!</b></p>	<p><b>29</b></p>	<p><b>30</b> 2:30 Artistic Expressions/Drawing</p>