

Calendar of Events

January *HAPPY NEW YEAR* 2019

403 Rector Street
215-487-1750

ONGOING EVENTS BELOW

Monday

8:30-5 Fitness Ctr.
8:30-5 Cards, Games
8:30-5 Pool, Ping Pong
8:30-5 Computer Lab
IPads AVAILABLE!
9:30 Strch/SS \$
10:30 Meditation
10:30 EnhanceFitness*D*
11:00 Music Lessons \$
11:30 All LevelsYoga \$*
12:00 Lunch *D*

Tuesday

8:30-2 Fitness Ctr.
8:30-5 Cards, Games
8:30-5 Pool, PingPong
8:30-5 Computer Lab
IPads AVAILABLE!
9:00 Walking Group!
10:00 Beading \$
12:00 Lunch *D*
1:00 Next Chapter
1:00 Tai Chi \$*
2:00 Ceramic Class \$
(New 10 week Class!)
2:30 Classical Music
Appreciation

Wednesday


8:30-5 Fitness Ctr.
8:30-5 Cards, Games
8:30-5 Pool, Ping P.
8:30-5 Computer Lab
IPads AVAILABLE!
9:00 Knit & Crochet \$
9:00 SilvSnkClssic D/\$
10:30 Smart Phones
and Tablets w/Lynn
11 FREE Hand Massage
12:00 Lunch *D*
12:45 Bingo \$
1:00 Men's Group

Thursday

8:30-5 Fitness Ctr.
8:30-5 Cards, Games
8:30-5 Computer Lab
IPads AVAILABLE!
9:00 All Levels Yoga\$
9:00 Knit & Crochet
Beginners \$
10:30 Meditation
10:00 Weaving \$
12:00 Lunch *D*
12:45 Bingo \$
1:00 Tai Chi \$

Friday

8:30-5 Fitness Ctr.
8:30-5 Cards, Games
8:30-5 Pool, Ping-Pong
8:30-5 Computer Lab
9:30 SilvSnk Clssic D/\$
10:00 Recorder \$
10:30 EnhanceFitness
D
10:45 News & Views
11:00 Ukulele \$
12:00 Lunch *D*
1:00 Pinochle/Bridge
1:00 Reaching Out
Support Group

31 11:30 "NOON Year's Eve" Party!	1 HAPPY NEW YEAR! JOURNEY'S WAY CLOSED	2 10:30 Smart Phones/ Tablets with Lynn	3	4
7	8 10:30 Advisory Mtg 1:00 Next Chapter (Starts!) 2:00 CERAMICS CLASS NEW!	9 10:30 Smart Phones/ Tablets with Lynn 1:00 Men's Group (Starts!)	10	11 1:00 Reaching Out (Starts!)
14 1:00 Speaker Series Presents: *Making Friends w/your Breath	15 1:00 Next Chapter 2:00 CERAMICS CLASS	16 10:30 Cooking Class (SEW) with Ciara! (New Session Starts) No Smart Phones/ Tablets Today 1:00 Men's Group	17	18 1:00 Reaching Out (Caregivers)
21 MARTIN LU- THER KING DAY! JW CENTER CLOSED 	22 1:00 Next Chapter 2:00 CERAMICS CLASS	23 10:30 Cooking Class (SEW) with Ciara! 10:30 Smart Phones/ Tablets with Lynn 1:00 Men's Group	24	25  Celebrate January Birthdays at lunch! 1:00 Reaching Out
28	29 10:45 Lunch Bunch! The Dinner House 10:00-2:00 APPRISE Medicare Consultations By appointment only 1:00 Next Chapter 2:00 CERAMICS CLASS	30 10:30 Smart Phones/ Tablets with Lynn 1:00 Men's Group	31	Key to Symbols: \$ = Cost D = donation appreciated but Optional *=Next month's pay- ment due by the 25th or pay drop in rate.