



Monday

8:30-5 Fitness Ctr. \$
8:30-5 Cards, Games
8:30-5 Pool, Ping Pong
8:30-5 Computer Lab
IPads AVAILABLE!
9:15 Strch/SS \$
10:30 Meditation
10:00 EnhanceFitness *D*
11:00 Music Lessons \$
11:30 All Levels Yoga \$*
12:00 Lunch *D*



Tuesday

8:30-5 Fitness Ctr. \$
8:30-5 Cards, Games
8:30-5 Pool, PingPong
8:30-5 Computer Lab
IPads AVAILABLE!
10:00 Beading \$
12:00 Lunch *D*
1:00 Next Chapter
1:00 Tai Chi \$*
2:00 Ceramics Class \$
2:30 Classical Music
Appreciation

Wednesday

8:30-5 Fitness Ctr. \$
8:30-5 Cards, Games
8:30-5 Pool, PingPong
8:30-5 Computer Lab
CLOSED for TAXES
IPads AVAILABLE!
9:00 Knit & Crochet \$
9:00 SilvSnkClssic D/\$
10:00 TECH TALK
11 FREEHand Massage
12:00 Lunch *D*
12:45 Bingo \$
1:00 Men's Group

Thursday

8:30-5 Fitness Ctr. \$
8:30-5 Cards, Games
8:30-5 Computer Lab
IPads AVAILABLE!
9:00 All Levels Yoga \$*
9:00 Knit & Crochet
Beginners \$
10:30 Meditation *D*
10:00 Weaving \$
12:00 Lunch *D*
12:45 Bingo \$
1:00 Sewing Circle *D*

Friday

8:30-5 Fitness Ctr. \$
8:30-5 Cards, Games
8:30-5 Pool, Ping-Pong
8:30-5 Computer Lab
9:30 SilvSnk Clssic D/\$
10:00 Recorder \$
10:30 EnhanceFitness *D*
10:45 News & Views
11:00 Ukulele \$
12:00 Lunch *D*
1:00 Pinochle/Bridge
1:00 Reaching Out
Support Group

<p>BLACK HISTORY MONTH</p>	<p>THIS MONTH: Valentines Fundraiser *Black History! *Free Tech Talk Classes *2 Presentations: Hearing *Loss and Chinese Culture</p>	<p>Coming in MARCH: St. Patty's Day Luncheon with Live Entertainment *Tap Dance Is Back! *Presentation on Sleep *Doctors Chamber Orchestra Free Concert</p>	<p>1 1:00 The Sewing Circle Bobbins & Beyond (NEW!) </p>	<p>2 </p>
<p>4 I Love Jewelry & Gift Sale! Stop in to Shop Take a chance on winning a gift basket! Drawing held 2/14 after lunch. Jewelry & Gift Sale</p>	<p>5 CHINESE NEW YEAR! 2:00 CERAMICS CLASS Jewelry & Gift Sale</p>	<p>6 9-5 Tax Prep in Computer Lab (by appointment only) 10:30 Cooking w/ Ciara! (HPC) LAST DAY to sign up for Valentines Day Luncheon! Jewelry & Gift Sale</p>	<p>7 1:00 The Sewing Circle Bobbins & Beyond (NEW!) Jewelry & Gift Sale</p>	<p>8 1:00 Movie Matinee Black History (TBA) Jewelry & Gift Sale</p>
<p>11 1:00 Black History Readings! Jewelry & Gift Sale</p>	<p>12 10:00 Advisory Council Meeting 2:00 CERAMICS CLASS Jewelry & Gift Sale</p>	<p>13 9-5 Tax Prep in Computer Lab 10:30 Cooking w/ Ciara! (HPC) 10:00 TECH TALK Smart Phones & Tablet Basics Jewelry & Gift Sale</p>	<p>14 Valentines Day Luncheon Drawing for Gift Baskets following lunch! 1:00 The Sewing Circle Bobbins & Beyond LAST DAY Jewelry Sale</p>	<p>15  Jewelry & Gift Sale</p>
<p>18 CENTER CLOSED </p>	<p>19 12:30 AARP Driver Safety (Day 1) 2:00 CERAMICS CLASS</p>	<p>20 9-5 Tax Prep in Computer Lab 10:30 Cooking w/ Ciara! (HPC) 10:00 TECH TALK Smart Phones & Tablet Basics 12:30 AARP Driver Safety (Day 2)</p>	<p>21 10:15 HEARING LOSS Presentation by Audiologist Dr. Lisa Mariello 1:00 The Sewing Circle Bobbins & Beyond 1:00 Movie Matinee Black History (TBA)</p>	<p>22  Celebrate February Birthdays at lunch! 12:30 AARP Refresher</p>
<p>25 1:00 Speaker Series Presents: CHINESE Culture and the Numerous Benefits of Tai Chi.</p>	<p>26 10:45 Lunch Bunch! The Quaker Diner 10 to 2 APPRISE Medicare Consultations By appointment only</p>	<p>27 9-5 Tax Prep in Computer Lab 10:30 Cooking w/ Ciara! (HPC) 10:00 TECH TALK Smart Phones & Tablet Basics</p>	<p>28 10:30 Healthy Meals in Minutes Presentation 1:00 Book Club Crossing to Safety 1:00 Movie Matinee Black History (TBA)</p>	<p>Key to Symbols: \$ = Cost <i>D</i> = donation appreciated but <i>Optional</i> * = Next month's payment due by the 25th or pay drop in rate.</p>