



# Calendar of Events

## APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
9:15 Strch/SS \$ 10:30 Meditation 10:00 EnhanceFitness 11:00 Music Lessons \$ 11:30 All Levels Yoga \$* 12:00 Lunch D 1:00 Quilting	10:00 Beading \$ 12:00 Lunch D 1:00 Tai Chi \$ * 2:00 Ceramics Class \$ 2:30 Classical Music Appreciation	9:00 Knit & Crochet \$ 9:00 SilvSnkClssic D/\$ 11:00 <b>FREE</b> Hand Massage! 12:00 Lunch D 12:45 Bingo \$ 1:00 Men's Group	9:00 All Levels Yoga \$* 9:00 Knit & Crochet Beginners \$ 10:30 Meditation D 10:00 Weaving \$ 12:00 Lunch D 12:45 Bingo \$ 1:00 Sewing Circle D 1:00 Tai Chi \$ *	9:30 SilvSnk Clssic D/\$ 10:00 Recorder \$ 10:30 EnhanceFitness D 10:45 News & Views 11:00 Ukulele \$ 12:00 Lunch D 1:00 Pinochle/Bridge 1:00 Reaching Out Support Group

**EVERY DAY 8:30-5PM: Fitness Center (\$); Cards & Games/Pool; IPADS AVAILABLE!**

<b>1</b> 1:00 Quilting Workshop (begins!)	<b>2</b> 2:00 Ceramics/Claybuilding (starts)	<b>3</b> 9 to 5pm Tax Prep in Computer Lab 10:30 "POP UP" Store Health Promotion Council 10:45 <b>Mark Presents!</b> Open forum discussion	<b>4</b> 	<b>5</b>
<b>8</b> 10:00 MINI NUTRITION FAIR (LaSalle U) 1:00 Quilting	<b>9</b> 10:00 Advisory Council Meeting 10:30 Photo Workshop 1:00 Next Chapter (last/ on break) 1 to 3 Art Drop Off 2:00 Ceramics	<b>10</b> 9 to 5pm Tax Prep in Computer Lab 10:00 Final TECH TALK (starts again 5/29) 1:00 Men's Group (last) starts again on May 1st	<b>11</b> Deadline to register & pay for Marian Anderson House Trip on 5/9	<b>12</b> Coming in late July: LaDore Trip (July 29 to August 2) Info Meeting TBA
<b>15</b> 10:30 Photo Workshop 1:00 Quilting Deadline to register/pay Eastern State Penitentiary Trip on 4/25	<b>16</b> 10:00 "Easter Gift Basket" Workshop 1 to 3 Art Drop Off 2:00 Ceramics Last day to register for Wellness Fair Hoagies on 5/26!	<b>17</b> Phillies vs Mets	<b>18</b> 12:00 Easter Luncheon Glazed Ham w/Fruit Sauce Corn Pudding/Blended Veggies, Dinner Roll and Strawberry Shortcake! <b>EASTER BONNET CONTEST!</b>	<b>19</b>  <b>Good Friday</b> Celebrate April Birthdays at Lunch!!  <b>Passover Begins at Sundown</b>
<b>22</b> 1:00 Quilting 1 to 3 Art Drop Off	<b>23</b> 10:30 HEALTHY STEPS Follow Up at JW 1 to 3 Art Drop Off 2:00 Ceramics	<b>24</b> 10:30 Just Say Yes! Cooking Lesson/Demo with Ciara Deadline to submit Art Work for May's Art Show	<b>25</b> 10:00 Eastern State Penitentiary Trip 11:00 PCA Presentation on Grandparents/Older Adults Raising Children 1:00 JW Lit Lovers Book Club <i>Sound of Gravel</i>	<b>26</b> 9 to 12 <b>Wellness &amp; Resource Fair w/ Roxborough Hospital</b> <b>Evening Bingo Begins!</b> JW will be at the Roxborough Art Is Life on Ridge 4/27
<b>29</b> 1:00 Quilting	<b>30</b> <b>**IRON HILL BREWERY DINE IN FUNDRAISER!</b> 10:45 Lunch Bunch IRON HILL BREWERY 2:00 Ceramics 10 to 2 APPRISE	Coming in May: <b>Older Americans Month!</b> <b>JW Art Show Kickoff Friday, May 3rd</b> Weekly Craft Sales!	Coming in May: 5/7 Make-and-take Mug for Mothers Day 5/9 Marion Anderson HouseTrip! 5/10 Mothers Day Luncheon 5/30 Community Dinner	Key to Symbols: \$ = Cost D = donation appreciated but <i>Optional</i> * = Next month's pymt. due by the 25th or pay drop in rate.