



Calendar of Events

MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
9:15 Strch/SS \$ 10:30 Meditation 10:00 EnhanceFitness 11:00 Music Lessons \$ 11:30 All Levels Yoga \$* 12:00 Lunch D 1:00 Quilting	10:00 Beading \$ 12:00 Lunch D 1:00 Tai Chi \$ * 2:00 Ceramics Class \$ 2:30 Classical Music Appreciation	9:00 Knit & Crochet \$ 9:00 SilvSnkClssic D/\$ 10:30 Just Say Yes! 11:00 FREE Hand Massage! 12:00 Lunch D 12:45 Bingo \$ 1:00 Men's Group	9:00 All Levels Yoga \$* 9:00 K/& Crochet Beginners \$ 10:30 Meditation D 10:00 Weaving \$ 12:00 Lunch D 12:45 Bingo \$ 1:00 Sewing Circle D 1:00 Tai Chi \$ *	9:30 SilvSnk Clssic D/\$ 10:00 Recorder \$ 10:30 EnhanceFitness D 10:45 News & Views 11:00 Ukulele \$ 12:00 Lunch D 1:00 Pinochle/Bridge 1:00 Reaching Out Support Group

EVERY DAY 8:30-5PM: Fitness Center (\$); Cards & Games/Pool; IPADS AVAILABLE!

Key to Symbols: \$ = Cost D = donation appreciated but Optional * = Next month's pymt. due by the 25th or pay drop in rate.	JW Celebrates Arts & Aging! *Opening Reception 5/3 *Showing & Selling by our own Craft Classes!	1 10:30 Just Say Yes w/Ciara (Dining Room) 1:00 Men's Group (LAST DAY to register for Mother's Day Meal & RSVP for Friday's Art Reception)	2	3 "Meet the Artists" Opening Reception Arts & Aging Exhibit 4:00 to 6:00 (RSVP by Wed. May 1st) 1:00 Painting Workshop
6 NEW 1:00 Ukulele - Learn from scratch!	7 9:00 Walking Group (Begins for 2019!) 10:00 Make a Mother's Day Mug Craft \$ (Dining Room)	8 10-2 Show & Sell Cro-Knit Stitches 10 EnhanceFit. make up 11 Just Say Yes w/Ciara 1:00 Men's Group 12:30 LADORE Info Meeting	9 9:00 Walking Group 12:15 Trip to Marian Anderson House	10 Mother's Day Meal w/Musical Entertainment! 1:00 Painting Workshop (new!)
13 1:00 Ukulele - Learn from scratch!	14 9:00 Walking Group 10:00 Advisory Council Meeting 	15 10 EnhanceFitness (new) 11 Just Say Yes w/Ciara 1:00 Men's Group	16 9:00 Walking Group 10-2 Show & Sell Weaving	17 1:00 Open Studio (Painting Class participants only)
20 1:00 Ukulele - Learn from scratch!	21 ELECTION DAY! JW is a polling place, VOTE!! 9:00 Walking Group 10-2 Show & Sell Beading <i>Tai Chi at John's Studio</i>	22 10 EnhanceFitness (new) 11 Just Say Yes w/Ciara 1:00 Men's Group	23 9:00 Walking Group	24 Celebrate May Birthday's at lunch  1:00 Painting Workshop
27  **CLOSED** MEMORIAL DAY Thank you to all of the brave men & women who risk their lives for OUR FREEDOM!	28 9:00 Walking Group 10:45 Lunch Bunch (tba)	29 10 EnhanceFitness (new) 11 Just Say Yes w/Ciara 10:00 TECH TALK (begins again!) 1:00 Men's Group	30 9:00 Walking Group 1:00 Book Club <i>The God of Small Things</i> (Roy Arundhati) JW Annual Community Dinner (must reserve in advance)	31 1:00 Painting Workshop