



# Calendar of Events JULY 2019



Happy 4th of July!

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Strch/SS \$ 10:30 Meditation <i>D</i> 10:30 EnhanceFitness 11:00 Music Lessons \$ 11:30 All Levels Yoga\$* 12:00 Lunch <i>D</i> 1:00 Make & Take Crafts	9:00 Walking Group! 10:00 Beading \$ 12:00 Lunch <i>D</i> 1:00 Tai Chi \$ * 2:30 Classical Music Appreciation 	9:00 Knit & Crochet \$ 9:00SilvSnkClssic <i>D</i> /\$ 10:00 EnhanceFitness 11:00 Just Say Yes! w/Ciara 11 FREE! Hand Mas- sage! 12:00 Lunch <i>D</i> 12:45 Bingo \$	9:00 All Levels Yoga \$* 9:00 K/& Crochet All Levels \$ 10:30 Meditation <i>D</i> 10:00 Weaving \$ 12:00 Lunch <i>D</i> 12:45 Bingo \$ 1:00 Sewing Circle <i>D</i> 1:00 Tai Chi \$ *	9:30 SilvSnk Clssic <i>D</i> /\$ 10:00 Recorder \$ 10:30 EnhanceFitness <i>D</i> 10:45 News & Views 11:00 Ukulele \$ 12:00 Lunch <i>D</i> 1:00 Pinochle/Bridge 1:00 Reaching Out Support Group

**EVERY DAY 8:30 - 4:45PM: Fitness Center (\$); Cards & Games/Pool; IPADS AVAILABLE!**

<b>1</b> 1:00 Make &Take Crafts  Produce Vouchers 2 to 4pm	 IT'S SUMMER!  Produce Vouchers 2 to 4pm	<b>3</b> 10:00 <b>TECH TALK</b> 11 Just Say Yes Interactive Cooking  <b>4th of July Lunch!</b> Produce Vouchers 2 to 4pm	  <b>JW CENTER CLOSED</b> <b>4th of July!</b>	  <b>JW CENTER CLOSED</b>
<b>8</b> 1:00 Make &Take Crafts  Produce Vouchers 2 to 4pm	<b>9</b> 10-12 <b>2nd Annual Senior Resource Fair! SHARE FARM STAND</b> (all welcome) Mobile Produce Market Produce Vouchers 10 to 12	<b>10</b> 10:00 <b>TECH TALK</b> 11 Just Say Yes Interactive Cooking Class	<b>11</b> 10:30 to 11:30 <b>FREE</b> Blood Pressure Screenings in Lobby w/Danielle  	<b>12</b> 10:00 to 11:00 <b>FREE</b> Blood Pressure Screenings in Lobby w/Danielle 12:30 Summer Fun/ Movie Matinee! <b>AMISH GRACE</b> Produce Vouchers 2 to 4pm
<b>15</b> 12:45 <b>Presentation</b> Getting Our Affairs in Order  <b>Make &amp;Take Crafts</b> (following presentation)	<b>16</b>  Christmas in July (Knit and Crochet)	<b>17</b> <b>NO TECH TALK</b> 11 Just Say Yes Interactive Cooking Class 10:00 VR Review Meeting  Christmas in July (Knit and Crochet)	<b>18</b> 10:30 - 11:30 <b>Blood Pressure Screenings</b> 10:45 Meet in lobby if using CCT 12:35 <b>Phillies vs Dodgers</b>  Christmas in July (Knit and Crochet)	<b>19</b> 10:00 -11:00 <b>Blood Pressure Screenings</b> 12:30 <b>Movie Matinee! Marmaduke</b> 1:00 <b>Cardiovascular Health Talk!</b> 5:30 <b>Evening Bingo</b> OPEN TO ALL AGES
<b>22</b> 1:00 <b>Make &amp;Take Crafts</b>  Last day to sign up for CCT/Lunch Bunch	<b>23</b>	<b>24</b> 10:00 <b>TECH TALK</b> 11 Just Say Yes Interactive Cooking Class	<b>25</b> 10:30 - 11:30 <b>Blood Pressure Screenings</b>  <b>NO BOOK CLUB</b>	<b>26</b> 10:00 -11:00 <b>Blood Pressure Screenings</b> Celebrate <b>July Birthday's</b> at lunch 12:30 Summer Fun/ Movie Matinee! 
<b>29</b>  11:30 <b>Ladore Trip Bus</b>  1:00 <b>Make &amp;Take Crafts</b>	<b>30</b>  10:45 Lunch Bunch <b>Banjara Indian Bistro</b>	<b>31</b>  10:00 <b>TECH TALK</b> 11 Just Say Yes Interactive Cooking Class		<b>Key to Symbols:</b> \$ = Cost <i>D</i> = donation appreciated but <i>Optional</i> * = Next month's pymt. due by the 25th or pay drop in rate.