



Calendar of Events August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Strch/SS \$ 10:30 Meditation <i>D</i> 10:30 EnhanceFitness 11:30 All Levels Yoga \$* 12:00 Lunch <i>D</i> 1:00 Make & Take Crafts 	9:00 Walking Group! 10:00 Beading \$ 12:00 Lunch <i>D</i> 1:00 Tai Chi \$ * 2:30 Classical Music Appreciation	9:00 Knit & Crochet \$ 9:00SilvSnkClssic <i>D</i> 10:00 EnhanceFitness 11:00 Just Say Yes! w/Ciara 11 Hand Massage! 12:00 Lunch <i>D</i> 12:45 Bingo \$	9:00 Walking Group! 9:00 All Levels Yoga \$* 9:00 Knit & Crochet All Levels \$ 10:30 Meditation <i>D</i> 10:00 Weaving \$ 12:00 Lunch <i>D</i> 12:45 Bingo \$ 1:00 Sewing Circle <i>D</i>	9:30 SilvSnkClssic <i>D</i> /\$ 10:30 EnhanceFitness 10:45 News & Views 11:00 Ukulele \$ 12:00 Lunch <i>D</i> 12:30 Movie Matinee 1:00 Pinochle/Bridge

EVERY DAY 8:30- 4:45: Fitness Center (\$); Cards & Games/Pool; IPADS AVAILABLE!

Key to Symbols: \$ = Cost <i>D</i> = donation appreciated but <i>Optional</i> * = Next month's pymt. due by the 25th or pay drop in rate.		SEPTEMBER is SENIOR CENTER MONTH!	1	2
5 1:00 Make & Take Crafts 	6 9:30 Free Dental Screenings w/ Penn Dental and BTG Med Student 	7 10:00 TECH TALK (Last) 11 Just Say Yes w/ Ciara Interactive Cooking Class!!	8 	9 12:30 Movie Matinee! <i>D</i> A Star Is Born! w/Lady Gaga & Bradley Cooper 
12 1:00 Make & Take Crafts	13	14 11 Just Say Yes w/ Ciara Interactive Cooking Class!!	15 	16 9:30 -11:30 FARM STAND (open to entire community!) 12:30 Movie Matinee! <i>D</i> Bohemian Rhapsody! 5:30 Evening BINGO (open to entire community!)
19 1:00 Make & Take Crafts	20 	21 11 Just Say Yes w/ Ciara Interactive Cooking Class!!	22 	23 Celebrate August Birthday's at lunch  12:30 Movie Matinee! <i>D</i> Go Tell It On The Mountain
26 12:45 Presentation: Getting Our Affairs In Order	27 11:15 Lunch Bunch Thai Kuu 	28 11 Just Say Yes w/ Ciara Interactive Cooking Class!!	29 1:00 Book Club <i>Be Careful What You Wish For</i> (Jeffrey Archer)	30 12:30 Movie Matinee! <i>D</i> Postcards From The Edge 