

Calendar of Events

November 2019



ONGOING EVENTS BELOW

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Strch/ST \$ 10:30 Meditation <i>D</i> 10:30 EnhanceFitness 11:00 Music Lessons \$ 11:30 All Levels Yoga \$* 12:00 Lunch <i>D</i> 1:00 Quilting	9:00 Walking Group 10:00 Beading \$ 12:00 Lunch <i>D</i> 1:00 Next Chapter 1:00 Tai Chi \$* 2:00 Ceramics 2:30 Classical Music Appreciation	9:00 Knit & Crochet \$ 9:00SilvSnkClssic <i>D</i> /\$ 10:00 EnhanceFitness 11:00 Interactive Cooking w/Ciara 11 Hand Massage Free 12:00 Lunch <i>D</i> 12:45 Bingo \$ 1:00 Men's Group 1:00 Sentimental Journey (singing group)	9:00 Walking Group 9:00 All Levels Yoga \$* 9:00 K&C All Levels \$ 10:30 Meditation Club 10:00 Weaving \$ 12:00 Lunch <i>D</i> 12:45 Bingo \$ 1:00 Sewing Circle <i>D</i>	9:30 SilvSnk Clssic <i>D</i> /\$ 10:00 Recorder \$ 10:30 EnhanceFitness <i>D</i> 10:45 News & Views 11:00 Ukulele \$ 12:00 Lunch <i>D</i> 1:00 Pinochle/Bridge 1:00 Reaching Out Support Group

EVERY DAY 8:30-4:45: Fitness Center (\$); Cards & Games/Pool; Computer Lab; IPADS Available!

Key to Symbols: \$ = Cost <i>D</i> = donation appreciated but <i>Optional</i> * = Next month's pymt. due by 25th or pay drop in rate.		<u>Coming in December</u> 12/6 First Friday Event! Concert- Doctors' Orchestra 12/13 Ukulele Holiday Concert		1 12:45 Movie Matinee Cake
4 9-12 LaSalle Nursing Students	5 Election Day! JW is a Polling Place	6 (Starts!) 9:30 Reading Buddies 9-12 LaSalle Nursing Students 10 to 2 APPRISE Medicare Consultations By appointment only	7	8 12:45 Movie Matinee Yesterday! (Beatles) 1:00 Reaching Out Guest Speaker - <i>Kate Brenton</i>
11 Veterans Day THANK YOU! 9-12 LaSalle Nursing Students LAST DAY to sign up for Auto Museum Trip!	12 10:00 Advisory Council Meeting	13 9:30 Reading Buddies 9-12 LaSalle Nursing Students 1:00 Sentimental Journey Singing Group (open to all!)	14 11:00 Mark Presents LAST DAY to sign up for Thanksgiving Feast	15 10-12 Councilwoman Blondell Reynolds Brown RESOURCE FAIR! (Senior Expo) Celebrate November Birthdays at Lunch!
18 10:00 NUTRITION JEOPARDY! Presented by: LaSalle Nursing Students Dining Out JW FUNDRAISER! Maria's Ristorante!	19 10:30 Auto Museum Trip 10:45 Lunch Bunch Maria's Ristorante! Knit & Crochet Sale! JW FUNDRAISER! Maria's Ristorante!	20 9:30 Reading Buddies 1:00 Sentimental Journey Singing Group Knit & Crochet Sale! JW FUNDRAISER! Maria's Ristorante!	21 1:00 Book Club The Women in the Window by: A.J.Finn Knit & Crochet Sale! JW FUNDRAISER! Maria's Ristorante!	22 Thanksgiving Feast! Roast Turkey w/gravy, Green Bean Almandine, Mashed Potatoes, Cranberry and Sweet Potato Pie! 12:45 Movie Matinee A Dog's Journey! (Comedy)
25	26 10 to 2 APPRISE Medicare Consultations By appointment only No Ceramics Class	27 1:00 <i>Sentimental Journey Singing Group</i>	28 JW CENTER CLOSED 	29 JW CENTER CLOSED