

Calendar of Events

January 2024



ONGOING CLASSES BELOW

Monday	Tuesday	Wednesday	Thursday	Friday
11:00 Gentle Yoga 12:00 Lunch is not served on Monday 1:00 Enhance Fitness	9:30 Walking Group (TBA) 12:00 Lunch 12:30 Next Chapter Group 1:45 Music I Love	9:30 Knit/Crochet 9:30 Silver Sneakers 11:00 Enhance Fitness 12:00 Lunch	9:00 Walking Group (TBA) 10:00 Weaving 12:00 Lunch 12:30 Men's Group 1:00 Bingo \$ 1:00 Sewing Circle	9:30 Meditation 10:45 News & Views 12:00 Lunch 1:00 Pinochle/Cards

MON.— FRI. 9AM - 3:45PM: LEISURE ACTIVITIES, CARDS, LIBRARY & FITNESS CENTER

1 CENTER CLOSED Happy New Year! 	2 11:30-12:30 Grab & Go Meal Pick up	3 Weekly Reminder! Reserve your meal in the Touchscreen by 11am on Wednesday the WEEK BEFOR MEAL SERVICE!	4 Buy Bingo Cards Thursdays starting at 12:30 	5 12:00 New Year Meal served in the Dining Room. Registration CLOSED
8 9:30 Stretch & Strengthen/ VIRTUAL Zoom 11:30-12:30 Grab & Go Meal pick up	9 9:30 Advisory Council Meeting 12:30— 3:00 Ceramics \$ (Intermediate/ Adv) 1st class!	10 10:30—11:30 Coffee Social to say goodbye to Karen Rouse 12:45—Cooking Class is back!	11 Bingo Begins promptly at 1pm!	12 CELEBRATE January Birthdays at lunch! Enjoy a Cupcake with Ice Cream
15 CENTER CLOSED MLK Day Of Service!	16 11:30-12:30 Grab & Go Meal Pick up 12:30— 3:00 Ceramics \$ (Intermediate/ Adv.)	17 12:45pm HPC Cooking Class, demo & tasting! FREE	18 Enjoy playing Cornhole in the Grand Room. Check Room for availability!	20
22 9:30 Stretch & Strengthen/ VIRTUAL via Zoom 11:30-12:30 Grab & Go Meal Pick up	23 12:30— 3:00 Ceramics \$ (Intermediate/ Adv.)	24 12:45pm HPC Cooking Class, demo & tasting! FREE	25 1:30– Lit Lovers Monthly Book Club - VIRTUAL List & Zoom Link Available 2:30-4:00 Food Box Pick Up Must be enrolled	26 Lunch Suggested Contribution: 60+ - \$2.00 Under 60– Must pay \$4.10—actual cost of the meal.
29 9:30 Stretch & Strengthen/ VIRTUAL Zoom link available 11:30-12:30 Grab & Go Meal Pick up	30 12:30— 3:00 Ceramics \$ (Intermediate/ Adv.) Sketch & Paint will return in the Spring!	31 12:45pm HPC Cooking Class, demo & tasting! FREE Card Workshop with Jackie coming in February!	FEBRUARY 	If you are interested in volunteering on the Black History Planning Group Please call 215-487-1750 x1101