JOURNEY'S RESOURCES & PROGRAMS FOR PEOPLE 55+ Way	Calen	dar of Events	s <b>Febru</b>	February 2024	
403 Rector Street Philadelphia, PA 19128 <b>215-487-1750</b>	ONGOING	G CLASSES BELOW			
Monday 11:00 Gentle Yoga 1:00 Enhance Fitness Grab & Go Meal pick up 11:30- 12:30	Tuesday 12:00 Lunch 12:30 Next Chapter Group 1:45 Music I Love	Wednesday 9:30 Knit/Crochet 9:30 Silver Sneakers 11:00 Enhanced Fitness 12:00 Lunch	Thursday 10:00 Weaving 12:00 Lunch 12:45 Men's Group 1:00 Bingo \$ 1:00 Sewing Circle	Friday 9:30 Meditation 10:45 News & Views 12:00 Lunch 1:00 Pinochle/Cards	

## MON.— FRI. 9AM - 3:45PM: LEISURE ACTVITIES, CARDS, LIBRARY & FITNESS CENTER

Lunch Suggest- ed Contribution: 60+ - \$2.00 Under 60– Must pay \$4.10— actual cost of the meal.	11:30-12:30 Grab & Go Meal Pick up on Mon- days	Weekly Reminder! Reserve your meal in the Touchscreen by 11am on Wednes- day the WEEK BE- FOR MEAL SER-	1 Buy Bingo Cards Thursdays start- ing at 12:30	2 If you are interested in volunteering on the Black History Planning Group Please call
5 9:30 Stretch & Strengthen (ZOOM)	6 10:00-12:00 Sketch & Paint 12:30— 3:00 Ceramics \$ (Intermed/Adv) 2:00-4:00 Vac- cine Clinic	7 12:45pm HPC Cooking FREE 1:00 Card Work- shop with Jackie	8 Bingo Begins promptly at 1pm!	9 CELEBRATE February Birthdays at lunch! Enjoy a Cupcake with Ice Cream
12 9:30 Stretch & Strengthen (ZOOM)	13 9:30 Advisory Council Meeting 10:00-12:00 Sketch & Paint 12:30 Ceram- ics 12:30 Next Chapter	14 12:45pm HPC Cooking FREE 2:00 Pie ala Mode & Meet New Staff \$2	15 Bingo Begins promptly at 1pm!	16 Enjoy playing Cornhole in the Grand Room. Check Room for availability!
19 PRESIDENTS DAY CENTER CLOSED	20 10:00-12:00 Sketch & Paint 12:30— 3:00 Ceramics \$ (Intermediate/ Adv.)	21 12:45pm HPC Cooking FREE	22 1:30- Lit Lovers Monthly Book Club - VIRTUAL List & Zoom Link Available 2:30-4:00 Food Box Pick Up Must be enrolled	
26 9:30 Stretch & Strengthen (ZOOM)	27 10:00-12:00 Sketch & Paint 12:30— 3:00 Ceramics \$ (Intermediate/ Adv.)	28 12:45pm HPC Cooking FREE	29 Bingo Begins promptly at 1pm!	